

## =STORIES BEHIND THE PSALMS=

Lesson 10

Psalm 119

AIM: to teach my pupils the truths of Psalm 119 and what it teaches us about what the Bible is, what it will do for us, and what we should do with it

POINT OF CONTACT: Give each pupil a piece of paper and pencil. Have the pupils open their Bibles to Psalm 119 and find how many things the Word of God is called in this Psalm. Have them write down each one they can find. For example, it is called precepts, statutes, law, judgments, commandments, word, etc. Give a small prize to the pupil who names the most.

INTRODUCTION: This is the longest chapter in the entire Bible. It deals completely with the Word of God. There are three things the Psalmist stresses: (1) What we are to do with the Word of God, (2) What the Word of God will do for us, and (3) What the Word of God is. Let us notice this as our outline.

### I. WHAT WE ARE TO DO WITH THE WORD OF GOD.

1. We are to walk in the Word. Psalm 119:1.
2. We are not to be ashamed of the Bible. Psalm 119:6.
3. We are to learn the Bible. Psalm 119:7.
4. We are to keep the Bible. Psalm 119:8.
5. We are not to wander from the Bible. Psalm 119:10.
6. We are to declare with our lips the Bible. Psalm 119:13.
7. We are to rejoice in the Bible. Psalm 119:14.
8. We are to meditate in the Bible. Psalm 119:15.
9. We are to delight ourselves in the Bible. Psalm 119:16a.
10. We are not to forget the Bible. Psalm 119:16b.
11. We are to behold the Bible. Psalm 119:18.
12. We are to understand the Bible. Psalm 119:27.
13. We are to keep the Bible before us at all times. Psalm 119:30.
14. We are to speak of the Bible. Psalm 119:46.
15. We are to sing of the Bible. Psalm 119:54.
16. We are to give thanks for the Bible. Psalm 119:62.
17. We are to run with the crowd that believes and keeps the Bible. Psalm 119:63.
18. We are to believe the Bible. Psalm 119:66.
19. We are to learn the Bible. Psalm 119:73.
20. We are to hope in the Bible. Psalm 119:74.
21. We are to love the Bible. Psalm 119:97.
22. We are to respect the Bible. Psalm 119:117.
23. We are to esteem the Bible. Psalm 119:128.
24. We are to stand in awe of the Bible. Psalm 119:161.
25. We are to rejoice in the Bible. Psalm 119:162.

### II. WHAT THE WORD OF GOD WILL DO FOR US.

1. The Bible will cleanse us. Psalm 119:9.
2. The Bible will give us counsel and advice. Psalm 119:24.
3. The Bible will make us happy and delighted. Psalm 119:24.
4. The Bible will quicken us or give us life. Psalm 119:25.
5. The Bible will enlarge our hearts. Psalm 119:32.
6. The Bible will make us wiser than our enemies. Psalm 119:98.
7. The Bible will make us understand more than our teachers. Psalm 119:99.
8. The Bible will make us understand more than people older than we. Psalm 119:100.
9. The Bible will give us light. Psalm 119:130.
10. The Bible will give us peace. Psalm 119:165a.
11. The Bible will keep us from being offended. Psalm 119:165b.

12. The Bible will give us deliverance. Psalm 119:170.

III. WHAT THE BIBLE IS TO THE CHRISTIAN.

1. The Bible is more valuable than gold. Psalm 119:72.
2. The Bible is faithful. Psalm 119:86.
3. The Bible is forever settled in Heaven. Psalm 119:89.
4. The Bible is sweet. Psalm 119:103.
5. The Bible is a lamp and a light. A “lamp unto my feet” shows me what to do today. A “light unto my path” shows me what to do tomorrow. In other words, the Bible reveals to us the will of God. See Psalm 119:105.
6. The Bible is wonderful. Psalm 119:129.
7. The Bible is truth. Psalm 119:151.
8. The Bible is true. Psalm 119:160.

CONCLUSION: Give the pupils another piece of paper. Give them sixty seconds or some portion of time to write down all that the Bible is, all they can remember that the Bible does for us, and all the things they can remember that we should do with the Bible. Again, a prize or special attention could be given to the one who lists the most.

NOTE: Any of the things listed in the above outline would be a good lesson in itself. The teacher certainly should have no trouble with material for this lesson.