

# WISDOM THAT WORKS

## PROVERBS #26

### The Angry Man Pt. 4

JANUARY 14, 2016

**Pro. 4:7** Wisdom is the principal thing; therefore get wisdom: and with all thy getting get understanding

**Eph 4:26** Be ye angry, and sin not: let not the sun go down upon your wrath:

**Jam 1:4** But let patience have her perfect work, that ye may be perfect and entire, wanting nothing.

## REVIEW

### Helps in Overcoming Anger:

#### **1. Never allow yourself to react in your anger.**

**Pro 15:18** A wrathful man stirreth up strife: but he that is slow to anger appeaseth strife.

#### **2. Be careful who you hang around with.**

**Pro 22:24** Make no friendship with an angry man; and with a furious man thou shalt not go:

#### **3. You must learn some self-control.**

**Pro 25:28** He that hath no rule over his own spirit is like a city that is broken down, and without walls.

#### **4. You must become a wise man.**

**Pro 14:29** He that is slow to wrath is of great understanding: but he that is hasty of spirit exalteth folly.

## **5. Don't always have to have your own way.**

**Pro 10:12** Hatred stirreth up strifes: but love covereth all sins.

## **6. Find delight in avoiding confrontations.**

**Pro. 19:11** The discretion of a man deferreth his anger; and it is his glory to pass over a transgression.

## **7. Don't react to others anger, seek to disfuse it.**

**Pro. 29:8** Scornful men bring a city into a snare: but wise men turn away wrath.

# **THIS WEEK'S LESSON**

## **8. Work on having \_\_\_\_\_ of your \_\_\_\_\_.**

**Pro. 10:19** In the multitude of words there wanteth not sin: but he that refraineth his lips is wise.

**Jam. 1:19** Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath.

- **You see the tongue is usually the number 1 weapon that anger uses to \_\_\_\_\_ itself and do its \_\_\_\_\_!**

**Jam. 3:1-13** My brethren, be not many masters, knowing that we shall receive the greater condemnation. 2 For in many things we offend all. If any man offend not in word, the same is a perfect man, and able also to bridle the whole body. 3 Behold, we put bits in the horses' mouths, that they may obey us; and we turn about their whole body. 4 Behold also the ships, which though they be so great, and are driven of fierce winds, yet are they turned about with a very small helm, whithersoever the governor listeth. 5 Even so the tongue is a little member, and boasteth great things. Behold, how great a matter a little fire kindleth! 6 And the tongue is a fire, a world of iniquity: so is the tongue among our members, that it defileth the whole body, and setteth on fire the course of nature; and it is set on fire of hell. 7 For every kind of

beasts, and of birds, and of serpents, and of things in the sea, is tamed, and hath been tamed of mankind: 8 But the tongue can no man tame; it is an unruly evil, full of deadly poison. 9 Therewith bless we God, even the Father; and therewith curse we men, which are made after the similitude of God. 10 Out of the same mouth proceedeth blessing and cursing. My brethren, these things ought not so to be. 11 Doth a fountain send forth at the same place sweet water and bitter? 12 Can the fig tree, my brethren, bear olive berries? either a vine, figs? so can no fountain both yield salt water and fresh.

## **Non-Proverb Helps in Overcoming Anger:**

**1. Justified anger is \_\_\_\_\_ anger.**

Eph 4:26a Be ye angry, and sin not: . . .

**2. Don't let anger \_\_\_\_\_, deal with it right away.**

Eph 4:26b . . . let not the sun go down upon your wrath:

**3. Realize that uncontrolled anger is a \_\_\_\_\_ and like all other \_\_\_\_\_, don't allow it.**

Col. 3:8 But now ye also put off all these; anger, wrath, malice, blasphemy, filthy communication out of your mouth.

**4. Let God teach you \_\_\_\_\_ through potential anger causing \_\_\_\_\_.**

Jam 1:4 But let patience have her perfect work, that ye may be perfect and entire, wanting nothing.

**5. \_\_\_\_\_ so that God can produce spiritual \_\_\_\_\_ in your life.**

John 15:4-8 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me. I am the vine, ye are the branches: He that abideth in me, and I in him, the same

bringeth forth much fruit: for without me ye can do nothing. If a man abide not in me, he is cast forth as a branch, and is withered; and men gather them, and cast them into the fire, and they are burned. If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you. Herein is my Father glorified, that ye bear much fruit; so shall ye be my disciples

