

WISDOM THAT WORKS

PROVERBS #25

The Angry Man Pt. 3

JANUARY 7, 2016

Pro. 4:7 Wisdom is the principal thing; therefore get wisdom: and with all thy getting get understanding

REVIEW

1. The angry man handles the situations of life just like the fool would.

Pro 14:17 He that is soon angry dealeth foolishly: and a man of wicked devices is hated.

2. An angry man will create and increase problems for all those whom he is around.

Pro 15:18 A wrathful man stirreth up strife: but he that is slow to anger appeaseth strife.

Pro 29:22 An angry man stirreth up strife and a furious man aboundeth in transgression

3. An angry man is always getting himself into trouble.

Pro 19:19 A man of great wrath shall suffer punishment: for if thou deliver him, yet thou must do it again.

4. Helping an angry man with his problems without getting to the root is a waste of time.

Pro 19:19 A man of great wrath shall suffer punishment: for if thou deliver him, yet thou must do it again.

5. An angry person is someone you do not want to be a close friend with or spend time with.

Pro 22:24 Make no friendship with an angry man; and with a furious man thou shalt not go:

6. An angry man reproduces himself in those who do hang around with them.

Pro 22:25 Make no friendship with an angry man ; Lest thou learn his ways, and get a snare to thy soul.

7. An angry person's lack of self-control makes them defenseless from all kinds of destructive influences.

Pro 25:28 He that hath no rule over his own spirit is like a city that is broken down, and without walls.

8. An angry man uplifts and abounds in that which is wrong and sinful.

Pro 29:22 An angry man stirreth up strife, and a furious man aboundeth in transgression.

9. An angry man will not make an attempt to hide his anger.

Pro 12:16 A fool's wrath is presently known: but a prudent man covereth shame.

10. An angry man lacks understanding.

Pro 14:29 He that is slow to wrath is of great understanding: but he that is hasty of spirit exalteth folly.

THIS WEEK'S LESSON

Helps in Overcoming Anger:

1. Never _____ yourself to react in your anger.

Pro 15:18 A wrathful man stirreth up strife: but he that is slow to anger appeaseth strife.

a. If you are to do this you must first see it for what it is- _____.

b. Next, you must fight the urge to use _____.

c. Never allow yourself to just react; think _____ and then act.

2. Be careful who you _____ around with.

Pro 22:24 Make no friendship with an angry man; and with a furious man thou shalt not go:

3. You must learn some _____.

Pro 25:28 He that hath no rule over his own spirit is like a city that is broken down, and without walls.

4. You must become a _____ man.

Pro 14:29 He that is slow to wrath is of great understanding: but he that is hasty of spirit exalteth folly.

5. Don't always have to have your _____ _____.

Pro 10:12 Hatred stirreth up strifes: but love covereth all sins.

6. Find delight in avoiding _____.

Pro. 19:11 The discretion of a man deferreth his anger; and it is his glory to pass over a transgression.

7. Don't react to others anger, seek to _____ it.

Pro. 15:1 A soft answer turneth away wrath: but grievous words stir up anger.

Pro. 29:8 Scornful men bring a city into a snare: but wise men turn away wrath.

Pro. 16:14 The wrath of a king is as messengers of death: but a wise man will pacify it.

a. By using soft _____.

- The tone of words usually makes thing worse.
- Don't react in the same tone that they do.

b. By listening to the _____ not the words.

- The why they are reacting, not how they are reacting.
- Finding the root of the conflict and doing what you can to diffuse it.

c. Especially if it is a situation where the person is a _____ over you.

8. Work on having control of your _____.

Pro. 10:19 In the multitude of words there wanteth not sin: but he that refraineth his lips is wise.

Jam. 1:19 Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath.